7905 QUIVIRA ROAD
LENEXA, KS 66215
PHONE 800-669-4092

Catering Old Fashion Roll- AHB Foods 7.8.10

Nutrition Facts

Serving Size 1 Roll (62g)
Servings Per Container

Amount Per Serving	
Calories 140	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 28g	9%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 5g	

Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%
Thiamin 0%	• Riboflavin 0%
Niacin 0%	• Folate 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

American Harvest Artisan Bread
Quality. Variety. Great Taste.

Allergen Statement

Our fine bread products are produced in a facility where there are eggs, wheat, whey and nuts.

If you have any questions, please contact us directly.

American Harvest Baking Co., Inc.
823 East Gate Drive Unit #3
Mt. Laurel, NJ 08054
856-642-9955

Ingredients:

ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, POTASSIUM BROMATE, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SUGAR, YEAST, SALT, MARGARINE (PARTIALLY HYDROGENATED SOY OIL, WATER, SALT, MONO -DIGLYCERIDES, COLORED WITH BETA CAROTENE, SODIUM BENZONATE ADDED AS A PRESERVATIVE, ARTIFICIAL FLAVOR, VITAMIN A PALMATATE ADDED), DOUGH CONDITIONER [CORN FLOUR, MONOCALCIUM PHOSPHATE, L-CYSTEINE HYDROCHLORIDE, POTASSIUM BROMATE].

CONTAINS WHEAT

Notes:

The information listed above has been compiled from publications of the USDA and from data provided by Caravan's suppliers.

To estimate the nutritional composition of a final baked product composition information for ALL ingredients is required.